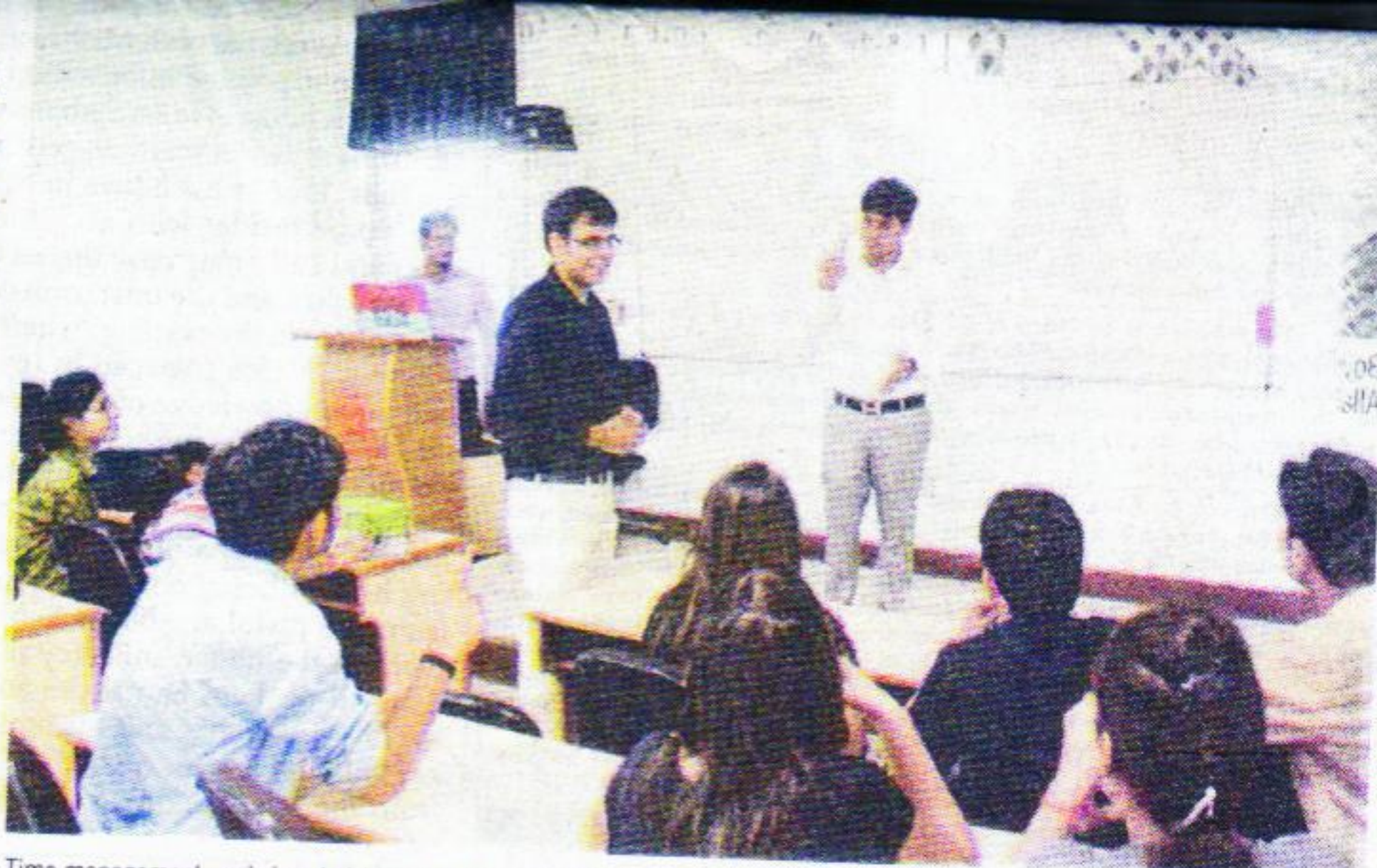


The Director of Gaur Hari Singhania Institute of Management and Research, Dr Rakesh Premi, while addressing the students on the third orientation day on Thursday emphasised on the importance of time management and said time management was important for personal life and career success as well and taught how to manage time effectively and make the most of it. He said time was a special resource that one cannot store or save for later use and said everyone had the exact same amount of time each day. He said most of the students felt that they had too much to do and not enough time. He said wise time management can help find the time for what one desired and for what one needed to do.

He said all wanted time to get all what they wanted in life but added that if one waited for extra time to appear then one may lose the game of life. He said by right time management one can create the time one needed and not just wait for time to come and advised that by proper planning time one can have more time to do more things.

He said time management helped one set up priorities. He said time management helped one make conscious choices, so one can spend more time doing things that were important and valuable.

Dr Premi said one can become more productive using improved time management skills and tools, and can accom-



Time management workshop being held at Gaur Hari Singhania Institute of Management and Research on Thursday. Pioneer

plish more with less effort and time.

He said time management can help one reduce wasted time and energy, help one to become more creative and productive, and enabled one to do the right thing at the right time and this will of course lead to more balance and fulfillment in life.

He said life puts in front of everyone so many choices each day, and the question was, did one follow what appeared on way, or do did one consciously choose what one wanted to do.

He said there were many things one can do and tools to use to manage one time effectively.

He said thinking, planning, finding out how others managed their time, and read-

ing books and articles on time management, will develop these skills and give good ideas. He said 'deliver work before the competitors do' which was the mantra to success.

The first session started with management games including Grand Quiz, Blindmen's Race, Balloon Warfare and Treasure Hunt. Under Brand-Quiz students had to identify different brands by dumb charades, audio clips and audio-visual clips for identifying different brands which disseminated the awareness among them.

Blindmen's Race made them work in teams with co-ordination which was learning for the new batch, while treasure hunt made the new batch full of excitement and made them aware about the college

campus through different clues to search within the campus premises.

Anmol Tripathi, Kanika Seth, Neha Tandon, Rachit Sahani, Samrat Shukla and Shambhavi secured the first position in management games, while Amisha, Asha Thomas, Jasmine Kaur, Neeraj Pandey and Sanya Gandhi were announced the runners up. Post-lunch session the students witnessed a movie 'Ek Ruka Hua Faisla-1986' facilitated by Dr Shekhar Trivedi which helped them to learn the different concepts of conflict management in the organisation.

Students of the new batch shared their views. The programme was attended by all the students, staff & faculty members of GHS-IMR.

UPMSRA delegation gives memo to DM

KANPUR: A delegation of Uttar Pradesh Medical and Representatives' Association (UPMSRA), led by its secretary, Arvind Tiwari, the District Magistrate, Kushal Raj Sharma, and handed over a five-point charter of demands on Thursday. A memorandum was addressed to the Prime Minister, Narendra Modi. The association had made an appeal to the government to take steps to their long pending demands. The DM had assured the delegation that the memorandum will be forwarded to the PMO for necessary and action.

Tiwari said the association demanded the imposition of a ban on all drugs, fixing of prices of all the essential and life

saving drugs at the minimum profit and remove excise duties and if all necessary then it should be minimum. He said the union demanded cost based system and withdrawal of the market based pricing system. He said the other demand was to stop the takeover and mergers of the Indian pharmaceutical companies so as to protect the self-reliance of the pharmaceutical industries and production of drugs.

He also demanded the revival of the public sector pharmaceutical industries and ensure the production of the life saving drugs and vaccines, especially stop the proposed closures of Hindustan Antibiotics Ltd. He also demanded that the government invoke

pharmaceutical code for sales promotion to arrest unethical marketing and corrupt practices of pharmaceutical companies.

Prominent who took part were Rajiv Bhatnagar, Amit Srivastava, Iftikhar Khan, Harjeet Bhatia, and others.

KHANDELWAL EXTRACTIONS LIMITED
CIN: L24241UP1981PLC005282
Regd. Office: 51/47, Nayaganj, Kanpur-208001
Email: kelknp@yahoo.com
Website: www.khandelwalextractions.com
Notice available at: www.bseindia.com
NOTICE OF BOARD MEETING
Notice is hereby given that a meeting of the Board of Directors of the Company is scheduled to be held on Monday, 08th August, 2016 at its registered office inter-alia, to consider and approve the Un-audited financial results of the Company for the quarter ended 30th June, 2016.
Khandelwal Extractions Limited
Place: Kanpur Surabhi Pasari
Date: 28th July, 2016 (Company Secretary)

भारतीय विमानपत्तन प्राधिकरण
AIRPORTS AUTHORITY OF INDIA

ई-निविदा आमंत्रण सूचना/NOTICE INVITING e-TENDER No. N-49/2016-17
[बिड सं. : 1000017218]

भारतीय विमानपत्तन प्राधिकरण द्वारा "Construction of drain along runway 09-27 and disused runway 15-33 in operational area at C.A. Jaipur (Re-call)" का कार्य हेतु Rs. 283.74 Lacs की प्राक्कलित लागत से 06 (Six) months की अवधि में पूर्ण करने के लिए आइटम रेट ई-निविदा आमंत्रित की जाती है। ई-निविदा को प्रस्तुत करने की अंतिम तारीख 19.08.2016 को 1800 बजे तक है।
विस्तृत जानकारी हेतु कृपया वेबसाइट <https://etender.aai.aero/irj/portal> या www.aai.aero पर लॉग ऑन करें। बिड प्रबंधक का दूरभाष नं. 011 2463 2950, विस्तार: 2527 है। इस संबंध में किसी भी स्पष्टीकरण/शुद्धि पत्र, यदि कोई होगा, को केवल भाविप्रा की वेबसाइट/पोर्टल पर ही अपलोड किया जाएगा।
भा.वि.प्रा. - पर्यावरण अनुकूल संगठन